September 2026

LINDA HELMIG BRAM

Curriculum Vitae (Brief Version)

EDUCATION

Ph.D. Department of Psychology, Clinical Program
University of Kansas, Lawrence, Kansas, 1997

B.A. Stony Brook University, Stony Brook, New York.
Cum Laude. Graduated with Honors in Psychology, 1988

CURRENT POSITIONS:

Private Practice, Lexington, MA (1/13-present). Specializing in psychotherapy with children, adolescents, and adults with various mental health challenges and other disabilities, parent-child therapy for young children, play therapy, and support for families who have children with disabilities.

Clinical Instructor in Psychology, Department of Psychiatry, Cambridge Health Alliance, Harvard University Medical School, Cambridge, MA. (7/10-present). Weekly supervision of pre-doctoral psychology interns' child psychotherapy, and parent/family work.

PROFESSIONAL LICENSURE

Licensed in Massachusetts (2009-present)
Licensed in Maine (2022-2026)
Licensed in Kansas (1999-2010)

SELECTED AWARDS AND HONORS

Grant Co-recipient (with the Federation for Children with Special Needs), The Boston Foundation, and The Weil Foundation, 2015.

Grant Co-recipient (with the Federation for Children with Special Needs), The Northeast Parent Center Technical Assistance and Collaboration Team (NE-PACT), 2014.

Zarrow Award for Excellence in Education (co-recipient with JM Maldonado-Duran, MD)**,** Menninger Clinic, 2000-2002.

Paul W. Pruyser Award for Professional Writing, 1st runner up, 1999.

Fulbright Research Scholarship to Finland, 1993-1994.

National Research Service Award Fellowship from the National Institute of Mental Health, University of Kansas, 1988-1990.

LEADERSHIP/COMMUNITY ACTIVITIES

Host Family, The Arc of Massachusetts' Operation House Call program; training medical, nursing, and dental students on working with people with disabilities. 2026-present.

Family Mentor, LEND (Leadership Education in Neurodevelopmental and Related Disabilities) Program, UMass Chan Medical School/Eunice Kennedy Shriver Center. 2025-present.

Citizens Advisory Board Member, Department of Developmental Services (DDS), Middlesex County, MA. 2025-present.

Consumer Advisory Council Member, UMass Chan Medical Center/Shriver Center, Worcester, MA. 2017-present.

President of Parent Organization, New England Center for Children, Southborough, MA. 2012-2013.

Community Action Head Start's Health Advisory Committee, (Topeka, KS), Member 2000-2009.

PROFESSIONAL MEMBERSHIPS AND SERVICE

American Psychological Association, 1988-present.
Division 33: Developmental and Intellectual Disabilities, 2012-present.
National Register of Health Service Psychologists, 2009-present.
Weil Foundation; Board Member. 2010-present.
World Association for Infant Mental Health, 1999-2007; 2009-2016.
Massachusetts Association for Infant Mental Health, 2014-2017.
Kansas Association for Infant Mental Health, 1999-2007. Secretary/Treasurer, 2000-2007.

PREVIOUS CLINICAL POSITIONS

Consultant, Federation for Children with Special Needs, Boston, MA. (12/12-8/24). Provide staff support & training; created online resource for families about special education placements and offer support for those contemplating a residential placement for their child with disabilities.

L.E.N.D. Fellow (Leadership Education in Neurodevelopmental and Related Disabilities), UMass Chan Medical School/Eunice Kennedy Shriver Center, Worcester, MA. (9/11-6/12). Graduate-level interdisciplinary program to train professionals for leadership roles and promote exemplary services for children with neurodevelopmental disabilities and their families.

Staff Psychologist, Boston Institute for Psychotherapy, Rice Center for Young Children and Families, Brookline, MA. (8/10-6/13). Serving children aged 6 and under who have behavioral

or emotional challenges and their parents/families. Provide short and long-term parent-child therapy, developmental consultation, parent guidance, and daycare/school consultation.

Independent Practice, Topeka, KS (9/99-5/09). Specialized in psychotherapy and psychological assessment for children, adolescents, and adults, early childhood development, treatment for children who have experienced abuse or neglect, and families with children with disabilities.

Mental Health Consultant, Early Intervention/Infant-Toddler Services, Shawnee County, KS (6/01-5/09) and Community Action's Early Head Start and Head Start Programs, Shawnee and Waubunsee Counties, KS (9/99-5/09). Collaborated with multidisciplinary teams, conducted home visits and provided psychological services for children ages 0-3 with developmental delays and/or physical disabilities and their families.

SELECTED PUBLICATIONS AND PRESENTATIONS

Bram, L.H. (2026, February). *Mental Health Strategies to Support Families of Children with Autism and Other Disabilities.* Lecture for Fellows in Leadership Education in Neurodevelopmental Disabilities (LEND) program at Boston Children's Hospital Institute for Community Inclusion. Boston, MA.

Bram, L.H. **& DiDomenico, D.** (2025, December). *Speech Therapy for Adults with Autism: A Parent's Perspective*. In-service for Speech-language pathologists at Chatterboxes Speech and Language Therapy Services. Auburndale, MA.

Bram, L.H. (2014-present; annual presentations on various topics). Titles include: *Supporting parents and siblings of children with disabilities; Managing clinical dilemmas with families of children with disabilities; Supporting parents of children with autism through grief and acceptance*. Seminars for Social Work trainees, Psychology interns, and residents in the Departments of Pediatrics, Psychiatry, and Child Psychiatry at Tufts Medical Center, Boston, MA.

Bram, L.H. (2021, March). Mental health strategies to support families of children with autism: Lessons learned from a psychologist and parent for non-mental health professionals. Journal of Interprofessional Education and Practice, 22. https://doi.org/10.1016/j.xjep.2020.100405

Bram, L.H. (2020, Jan). What type of special education is best for your child? Know what is available by law. Exceptional Parents Magazine. http://www.ep-magazine.com/

Bram, L.H. (2020, February). *Making decisions about and coping with residential placement*. Workshop presented at the Federation for Children of Special Needs' Annual Conference: Visions of Community, Boston, MA.

Bram, L.H. (2020, December). *Special education classroom and school placements available by law.* Presented to Vietnamese Parent Support Group, coordinated by Oanh Bui, Office of

Health Equity, Boston Public Health Commission, Boston, MA.

Bram, L.H. (2019, September). *Special education: Know the range of classroom and school placements available by law*. Webinar presented through the Recruitment, Training, and Support Center of the Federation for Children of Special Needs, Boston, MA. https://www.youtube.com/watch?v=0RgVV9GBxIE

Bram, L.H. (2018). Special education placements. Website created for the Federation for Children with Special Needs, Boston MA.

Bram, L.H. (2016, November). *Psychotherapeutic interventions for clinicians working with parents and siblings of children with autism*. Presentation at Harvard Medical School's Autism Conference, Cambridge, MA.

Bram, L.H. (2015, March). *Special education private placement day and residential options*. Workshop presented at the Federation for Children of Special Needs' Annual Conference: Visions of Community, Boston, MA.

Bram, L.H. & Montgomery, B. (2014, September & April). *Mental health strategies for speech Language pathologists to manage challenging clinical situations*. Continuing education for Speech Language Network, Waltham, MA.

Bram, L.H. (2014, August). *How mental health clinicians can support parents and siblings of children with autism*. Presented to staff clinicians and predoctoral interns at Family Service and Guidance Center's Didactic Seminar, Topeka, KS.

Bram, L.H. (2014, January). *Supporting families of children with special needs: Obtaining the right educational placement*. Seminar for pediatric neuropsychologists at NESCA/ Neuropsychology and Education Services for Children and Adolescents, Newton, MA.

Bram, L.H. (2013, November). *Parenting a child with autism: What future professionals should know.* Guest lecture for undergraduates minoring in Autism Studies at BU/Wheelock College, Boston, MA.

Bram, L.H. (2013, April). *Role blurring and boundary considerations for family members in Maternal Child Health Bureau (MCHB) training programs*. Presentation for the Family Panel at the MCHB Conference titled Making Lifelong Connections, Chicago, IL.

Bram, L.H. (2012, October). A parent's perspective on caring for a child with autism: A focus on interactions with health care providers. Guest lecture for undergraduate course on autism at Wheelock College, Boston, MA.

Bram, L.H. (2012, April). Parenting children with autism: What the DSM does not tell you. Didactic seminar for staff psychologists, social workers, and pre-doctoral psychology interns at the Boston Institute for Psychotherapy, Brookline, MA.

Bram, L.H. (2012, April; 2011, December). The experience of parenting a child with a disability. Guest lectures for Psychology Department undergraduate class titled *Introduction to disabilities studies* at UMass-Lowell.

Bram, L.H. (2011). A mother's process of acceptance. National Public Radio's "This I Believe" Program. Essay available at: http://thisibelieve.org/essay/96913/ .

Abrams, R. & **Bram, L.H**. (2011, October). No sibling left behind: Supporting siblings of children with disabilities. Co-facilitated discussion at the Special Education Parent Advisory Council (SEPAC) meeting, Lexington, MA.

Bram, L.H. (2009, October). Supporting siblings of children with special needs. Presented at the Special Education Parent Advisory Council (SEPAC) meeting, Franklin, MA.

Bram, L.H. (2009, April). Parenting children with autism: An insider's perspective for mental health professionals. Presented at Family Service and Guidance Center's Professional Development Seminar, Topeka, KS.